

# LAKE TEKAPO

## Walkways and Mountain Bike Tracks

### 1 TEKAPO LAKESHORE

Main Road bridge - Tekapo Springs  
1/2 hour / 2.8 km one way  
Walk/run or MTB (Grade 1-2)

This easy walk starts near the riverside end of the Godley Hotel and follows a poled route close to the gravel road and lakeshore. Past the hydro outlet, the walkway continues towards the campground and Tekapo Springs.

### 2 MT JOHN SUMMIT

Tekapo Springs - Mt John Summit - Tekapo Springs  
1-1.5 hours / 1.5 km one way | Walk/run  
Dogs allowed on a lead only

Near Tekapo Springs, the track climbs steadily through larch forest to open tussock grassland. From an observation point above the larches, a loop track continues around the mountain below the Observatory with an extension up the Astro Cafe lookout. A reference panel at the northern end shows a profile view of surrounding Mountains. The track then joins the original track back down Mt John.

### 3 MT JOHN SUMMIT & LAKESHORE

Mt John Summit - Lakeshore - Tekapo Springs  
1.5-2 hours / 6.3 km | Walk/run or MTB (summit and lakeshore only)  
Dogs not allowed

Carrying on from the Mt John Summit, walk north from the reference panel following the poled route to a hitching post for horses. The track then zigzags down the eastern face of Mt John to the Lakeshore joining a gravel track back to Tekapo Springs.

### 4 LAKE ALEXANDRINA AND LAKE MCGREGOR

Lake Alexandrina - Lake McGregor one way  
1.5 hours / 4.7 km one way | Walk/run or MTB  
Dogs not allowed

From the southern end of Lake Alexandra follow the eastern shore line to Lake McGregor and return along the same route.

### 5 PENINSULA

Godley Peaks Road loop track  
1.5 hours / 5.6 km | Walk/run or MTB (Grade 2-3)  
Closed for lambing mid-Oct to mid-Dec. No Dogs

From the carpark on Godley Peaks Road, just north of Mt John, this undulating triangular loop track skirts the peninsula opposite Motuariki Island, with great views of the northern half of Lake Tekapo and surrounding mountains. The walkway is very exposed so weather protection is advised.

 TEKAPO IS A NO DRONE ZONE

 NO FREEDOM CAMPING IN TEKAPO  
Camping is only permitted at the holiday park in Lake Tekapo and the camping grounds at Lake McGregor and Lake Alexandrina.

### 6 LAKE GEORGE SCOTT

Andrew Don Drive - Lake George Scott - Andrew Don Drive  
1 hours / 4 km loop | Walk/run or MTB

Starting at the gravel on Andrew Don Drive, head east up along the ridgeline towards the Tekapo river. Staying high, follow the edge of the river past the Whitewater Kayak Course until you reach the road. Lake George Scott and the Tekapo Power Station are on your left. Follow the gravel road back up to the beginning of the track.

### 7 COWANS HILL TRAIL

Tekapo Road Bridge - Tekapo Regional Park - Tekapo Road Bridge  
1.5-2 hours / 6.1 km loop | Walk/run or MTB (3 x stiles)  
Dogs allowed on a lead only

A very popular and easy walk or MTB taking in some of the best views of the Mackenzie Basin with only 71 metres elevation. A mixture of pines, and open grassland will take you past ponds where you may spot the black stilt, the Cowans Hill Observatory domes, crossing SH8 into the Regional Park and along the Tekapo Lakeshore. Stop at the seat at the highest point of the trail and take in 360 degrees of amazing landscapes.

### 8 LAGOON TRAIL

Tekapo Regional Park - Sawdon Station - Tekapo Regional Park  
2-2.5 hours / 8.5 km loop | Walk/run or MTB  
Closed for lambing mid-Oct to mid-Dec. No Dogs

The trailhead for the Lagoon trail is at the south-east corner of the Lake Tekapo Regional Park. It is a loop track on Sawdon Station. A dual purpose circuit trail for walkers and mountain bikers with magnificent 360 degree views from this iconic high country station. Featuring a large erratic rock from the glacial period, you'll find a small Lagoon at the halfway turnaround to enjoy a picnic and interesting rock formations along the way. This track is a work in progress so Grade 3 for bikers due to a rocky surface along the top terraces. E-bikes welcome.

### 9 LAKE TEKAPO REGIONAL PARK

Carpark located on Lilybank Road (1.5km from SH8)  
Unlimited time | Walk/run or MTB  
Dogs allowed on a lead only

Predominantly a coniferous forest, the Lake Tekapo Regional Park is also used for various recreational activities including walking and mountain bike tracks, a disc golf course, a pump park and plenty of picnic spots. A looped walking track links the park with the township along the lake's southern shore and from crossing on SH8 at Cowans Hill. The Regional Park also has a fully enclosed dog park.

### 10 PINES BEACH

Tekapo Township - Pines Beach  
45min - 1 hour / 3.2 km | Walk/run or MTB

This easy, flat and gravelled trail follows the Tekapo lakeshore from the Township, past the Church of the Good Shepherd to Pines Beach where it is safe to swim and boat.

